

HGH Hotline

APRIL 2010

.....therefore however you want other people to treat you, so treat them.

A Publication of
Holdenville General Hospital
100 McDougal Dr.
Holdenville, OK 74848

FYI

BY BRIDGET COSBY, CEO

Well it finally is starting to feel like spring, I personally have never been so glad to see the warm weather move in. In the month of March our focus has mainly been to visit with civic clubs and other organizations, to get the word out about the upcoming vote on April 6th for the renewal of the penny sales tax that supports the hospital. We have also taken out ads in the paper for this week and Sunday, and last but not least.....

On Saturday April 3rd, we will be meeting at the Hospital at 9:45 in the front lobby to distribute close to 1,000 flyers to homes. We will be heading out around 10:00 so if you or anyone you know would like to help with our efforts we would love to have any help we can get!

I wanted to say thank you to Len who spoke with the Kiwanis and Lions clubs and for each of you that set up appointments for me to be able to speak at other organizations. Special thanks to the Pink Ladies for supporting the hospital with an ad as well as spreading the word to all their friends and many organizations they are associated with. I have a new appreciation for these "busy" ladies.

One of the special things about Holdenville Hospital to me is the support of so many people. The Pink Ladies, Foundation, and Employee Relation Committee have been so generous to the Hospital over the last several months with their donation of equipment and time to raise money for future needs. Thank you to Len and his wife for their donations to the hospital, we will all be particularly enjoying the new fryer and grill in the Cafeteria.

As we move into the month of April we have several projects we will be starting to work on. You are going to start hearing a lot about the electronic health record or EMR, and "meaningful use." We

will start to break down some of the criteria to establish meaningful use in order to meet all the requirements set forth by the federal government for care of Medicare and Medicaid patients. This will be a process that we will continue to work on throughout this year and the next. I know that change is sometimes hard but it will be critically important that we all work together to streamline processes and be absolutely sure that we do not give up patient safety or good care. This can only happen if we communicate openly and take ownership of every aspect of our job or department and embrace the EMR.

It is also that time again.....BUDGET. Department managers will be working hard over the next several months to prepare their budget in time to present to the Board in June. Our financial year runs from July to June each year, so we are approaching FY2011.

The Holdenville Chamber Banquet is April 1st at 6:30 for any of you that are interested in attending, tickets will be available at the door.

Len will be heading home on March 31st so keep him in your thoughts for a safe trip home. He will be back with us week of April 12th and April 26th, he wanted to let each of you know that if you need anything please don't hesitate to call. Len's final week with us will be the week of May 17th.

Have a wonderful month and remember my door is always open; I love to hear constructive opinions and any suggestions for improvement of any aspect of the hospital.

Bridget Cosby, CEO

BENNY CARD INFORMATION AND UPDATES.

For those employees who chose to participate in the Unreimbursed Medical Expenses program, here is some important information regarding the Benny Card that you received.

- Benny Cards are pre-loaded with funds that you designated during open enrollment.
- Benny Cards may NOT be used for more than what the current balance indicates.
- Benny Card WILL BE DECLINED if the employee attempts to use for more than balance even if only over by 1 cent.
- If the first 3 months (January to March) you may receive notices that you need to provide receipts or documentation on dates of service; should this occur the company is verifying that the purchase was indeed for services for the current year, rather than balances owed in a prior year. Please be patient and provide the information requested.

Employees may check their balances by registering their card at www.mybenny.com.

Click on Register, you will be prompted to enter your ID# which is your social. Then your card# and your home zip code. Once you enter the site following the on screen instructions. Should you need any assistance contact HR at 405-379-4286.

“Classes for April”

ESI 5 level Triage April 6th and 7th

Emergency Nursing Pediatric Course April 12 and 13th

“Wound care In-service” provided by OK Wound Care Specialists - April 26th

New Faces

Welcome our new employees when you see them in the halls.

Lisa Cotterman, RN	Med/Surg PRN
Chrissy Smith, RN	ER
Matthew Morris,	IT- Part Time



Birthdays for April, 2010

Jackie Smith	4/03
Courtney Green	4/06
Karen McKane	4/07
Angela Yates	4/13
Jill Allford	4/14
Jamie “Chris” Coles	4/16
Donna Babb	4/28

New Items

Patient Alert Bands started March 22

ER admissions Starts April 1, 2010

Drug Testing Policy starts May 1, 2010



HOW TO TELL IF YOUR CHILD NEEDS VISION CORRECTION

How do you know if your child needs vision correction? Don't just assume all is well because you don't see them squinting or complaining about their eyes.

According to children's eyecare specialist, Carol Marusich, O.D., even a six-month old should have any eye exam because early exams are not just about vision. The six-month exam is also to make sure the baby's eyes are developing normally. An eye doctor can spot a condition commonly known as "lazy eye" (the medical term is amblyopia) very early in a child's life and early treatment can stop bigger problems down the road. Another exam should be done when your child is three to four years old, because by that time, children's eyes have basically done their growing and developing. A pre-kindergarten exam is a must, and then visits to the eye doctor at least every two years, unless your eye doctor recommends more frequent visits, to keep tabs on young, fast-changing eyes.

In between those yearly eye exams, watch for symptoms of eye problems. Children's eyes can change seemingly overnight. Here are some things to watch for:

- Squinting-the classic symptom of either nearsightedness (not seeing well far away) or farsightedness (not seeing well close-up). Glasses are probably in order
- Alignment problems-if one eye keeps "drifting off," it could be "lazy eye" or amblyopia. Treatment consists of a corrective eye patch placed over the normal eye forcing the weaker eye to work harder and improve. The earlier lazy eye is detected the better.
- Closing one eye-if your child closes one eye and it helps him or her see

better, this could indicate a structural problem like astigmatism.

- Rubbing the eyes-if your child rubs his or her eyes or complains of headaches, there could be some eyestrain going on that glasses can help.



Source: Vision Service Plan (VSP)

Calendar of Events

April, 2010

April 1	Pay Day Chamber Banquet 6-30 p.m.
April 3	Distribute flyers to homes for sales tax 9:45 a.m.
April 6	Go Vote!!!
April 14	QA Meeting Minister's Meeting
April 15	Pay Day
April 20	Board Meeting
April 21	Medical Staff Meeting Department Managers' Meeting
April 27	Pink Ladies Meeting
April 28	HGH Foundation Board Meeting
April 29	Pay Day

IT Update

HG Hospital Information Technology Help desk

During normal business hours 8-5 extension #4334. You may also email trouble@hghospital.com. After hours and

weekends or holidays please use either email trouble@hghospital.com or cell phone 405-592-9767. If you need to contact HMS (866) 344-1467 and follow the instructions. If you do contact HMS directly please notify the IT department that you have done so, and Mr. Combs will help you track your trouble ticket.

ERC UPDATE and EVENTS

Well everyone the Easter/Spring Baskets brought \$653.50...It was a great success. Thanks to everyone who participated and the ones who didn't we hope you will next time. Even Chad in x-ray came up with a winner at the last minute. Thanks Chad...This is one of our biggest fund raisers and we really do need all the participation and help we can get. It's really a lot fun the last 30 seconds of the bidding...Way to go Len and Dr. Fisher...Thanks again everybody... We will be giving Afton Browning a baby shower on April 20th at 3:00: pm in the conference room. Please try and come and help Afton in celebrating the upcoming birth of her baby girl. The ERC met last week and came up with the Hospital week events and fun. This will be May 10th thru May 14th... I will be making a calendar of the events in the next news letter...so far we are planning on a free breakfast and the baby/teen pictures again. Subway Sandwiches one day...a guess who game (explained later)..Ice cream social, celebrity look alike day. Our traditional cook out on Friday with wearing of your Hospital T-shirts and Jeans all week for a dollar day donation...no pay no Jeans...We will have prizes for the winners of our games. More on Hospital week next letter. Also Terran will be taking T-shirts orders for those who want to buy a shirt. Debbie will be embroidering on them for us and ERC and the hospital will be paying for part of the shirts. See Terran for info and to pay for the shirts. Must pay for by Monday April 5th so we can get order back by Hospital week. Everyone remember to buy a shirt or 2 or 3 and look good for the summer and to help show your support for the hospital... A reminder that Shirley Orr and I have Randy's memorial bench with Bible Monument in the works for the new courtyard. We had a good turn out at our last meeting and we hope everyone will continue to attend and be part of the committee for new ideas and help. Thanks to all who help and make all this possible for us and to have a little fun and a good laugh together. The ERC will meet again Tues. the 6th

at 10:30 in the conference room. We will be meeting regularly the 4th Wed. of each month at 10:30 in conf. room. Everyone remember this and try to attend...Well I better close and get busy cause as you all know it is April Fools today and I got a lot of fooling to do. Hope everyone has a safe and happy Easter...Till next time...Mitzi

Nursing News

BY SHIRLEY ORR, DON

I recently attended conference in Chicago for emergency nurses. One of the classes I attended was based on a book titled "The Energy Bus – Ten Rules to Fuel Your Life, Work, and Team with Positive Energy" which was written by Jon Gordon. The presenter of the class told a story of an emergency department that was filled with negative attitudes and behaviors. She told us how her facility turned this department into a positive atmosphere by using the ideas from this book.

After returning from the trip, I began to think about this process. I ordered the book and began reading it. As of today, I have not yet finished it, but I will in the next few days. I also signed up for the weekly newsletter offered on the website of the author. I would like to share with you the newsletter I received this week.

Spring time is here, finally. The sun is shining outside and the flowers are beginning to bloom. In this week's newsletter Jon Gordon talks about spring cleaning. Most of us fill our lives with lots of things. Some of these things include negative thoughts, habits that limit us, distractions, fear, negative people that drain us. And lots of other things that sabotage our performance and productivity. We spend so much time on these things that we can't focus on the things that really do matter. By filling our lives with so much negative energy, there isn't any room for positive energy.

Jon Gordon suggests we spring clean our minds. Get rid of all the clutter that keeps you from focusing on our priorities in order to make room for opportunities and endless possibilities. Spring is a great time to take a look inside ourselves. By getting rid of your clutter and your positive energy will soar.

These weekly email newsletters give me a well needed pick me up each week. I would love to share them with you. You can sign up to receive

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them at www.jongordon.com. Let me know how you like them.

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